



Annual Report 2020-2021





lpys.org

Making a difference in the lives of youth in La Plata County since 1994!

Dear Friends,

Message from our Executive Director

Despite many difficulties over the past year, La Plata Youth Services (LPYS) has continued to provide meaningful services and programs to youth and their families who are facing challenges in school, home, or court. Throughout the course of the pandemic, we have also focused our commitment to supporting the wellbeing of our staff and the youth and families we serve.

Additionally, over the past year, we have had the opportunity to redefine and rediscover what is important to our agency. As a result, we are further rooted in the relevance and impacts of our services to the youth in our community and in the meaning of our work. What we have discovered that is most important about our work includes:

- Prioritizing the well-being of our staff and the youth and families we serve, with a focus on supporting the mental and physical health of employees and clients.
- Helping with what is needed, at the moment. In a balance of creativity and our current reality, we have worked hard to address community needs exacerbated by the pandemic by providing mental health support, IT support, shelter assistance, and grocery stores, gas, and other gift cards.
- A commitment to our core value of social justice and our agency's internal professional development work in Diversity, Equity, and Inclusion (DEI). This has included providing opportunities for our staff and Board to build skills to better serve marginalized populations and to dismantle systemic inequities, and we have made it a priority to provide DEI selfstudy resources, learning groups, and training.
- A focus on creating an authentic connection as a continued pillar of the agency's work with clients, community partners, and among our staff.

Moving forward, we will bring with us the lessons we have learned, including what is most important to our agency. Furthermore, our core values of **Social Justice, Creativity, Collaboration, Integrity, and Compassion** become even more relevant to keep us grounded in our evolving history as an organization and as a community.

I invite you to join us as we continue on our journey to build a community in which ALL youth are empowered and have the support and resources they need to strengthen their wellbeing and engage positively in their community. For more information, and to get involved, please visit **www.lpvs.org**.

Sincerely,

Katy Pepinksy

PRESIDENT

Sandy Irwin Durango Public Library Director **Term Start**: Jan. 10, 2020

VICE PRESIDENT

Pat Senecal Citizen-at-Large Board Member Term start: Jan. 10, 2020

TREASURER

Martha Johnson La Plata County Dept. of Human Services **Term start**: Jan. 3, 2017

LPYS Board Members 2021

Steve Brittain Citizen-at-Large Board Member

Term start: Jan. 10, 2020

Vanessa Giddings

Executive Director of Student Support Services/Durango School District 9R Term start: Sept. 6, 2019

Alexandra Herlong

Deputy District Attorney-Juvenile Prosecutor/District Attorney's Office Term start: Nov. 1, 2019

Joe McIntyre

Bayfield Town Marshall Term start: 2012

Kirk Phillips Ignacio Police Chief Term start: 2012

Ray Shupe Durango Police-Community

Programs Unit **Term start:** July 26, 2021

Tom Trimberger

Durango High Noon Rotary **Term start:** Jan. 10, 2020





Staff and Board BBQ-July, 2021



La Plata Youth Services supports and advocates for youth facing challenges in school, home, or court.



Our ultimate vision is that youth in La Plata County are empowered and have the support and resources they need to strengthen their well-being and engage positively in their community.

Our Programs & Services

About La Plata Youth Services

La Plata Youth Services (LPYS) was founded in 1994 to provide a continuum of services to youth facing challenges and their families in La Plata County.

LPYS programs strengthen and enhance a web of community- and school-based supports for youth through strategic partnerships, increase the well-being of youth, and expand restorative practices to repair relationships, reduce harm, and foster community connectedness.

As a result, data from La Plata County continues to show increased community safety, fewer court caseloads, a decrease of youth in detention, and a decrease of youth sentenced to state juvenile facilities. Youth are referred to LPYS by schools, law enforcement agencies, the courts, and parents and youth themselves.



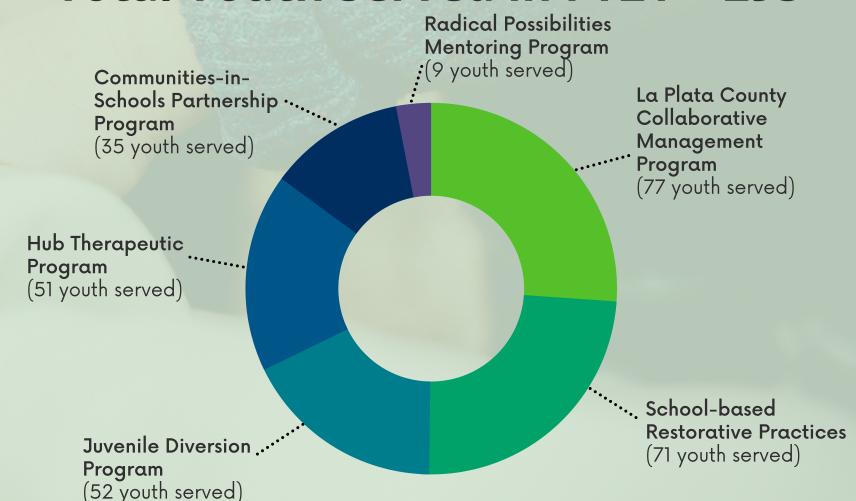
Art Panels at LPYS Office

Current Programs

- 1) LPYS Juvenile Diversion Program
- 2) Communities-in-Schools Partnership Program
- 3) Radical Possibilities Mentoring Program
- 4) School-Based Restorative Practices

LPYS serves as the backbone agency for the La Plata County Collaborative Management Program and is a key partner and services provider in the Hub Therapeutic Program. During summer months, LPYS supports positive youth engagement programming for students.





Serving Youth in Four Program Areas Youth Diversion Program



What we do...

We provide an alternative, voluntary option for youth at risk of entering the juvenile justice system. Our process is youth-centered and restorative in nature by providing youth opportunities to repair harm and build connections. We also give youth the tools to remain resilient during life's challenges which increases their overall health and wellbeing.

Our results...

- 52 youth served
- 94% completed successfully
- 100% did not reoffend while enrolled

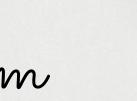
The diversion program helped me get closer to my family and I learned how to be more responsible for my own life.

- Diversion Program Client 2021



Annual Animas Splash & Dash Fundraiser

Serving Youth in Four Program Areas Radical Possibilities (RP) Mentoring Program

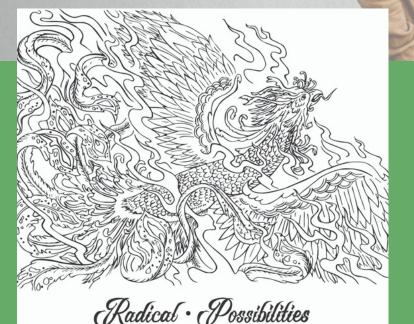


What we do...

We serve youth in grades 6-12 who are facing adverse life conditions that affect their well-being and ability to engage positively in their lives. Through the support of skilled mentors, RP helps youth become more empowered and resilient in the face of life's challenges. Youth have the opportunity to engage one-on-one with their mentors as well as participate in group activities. Participants often develop increased self-confidence and a new sense of belonging in their community.



- 9 youth served
- 29% increase in school engagement
- 57% increase in community connectedness
- 50% increase in factors that contribute to resilience



The Magic of Mentoring

K was a 13-year old who was isolated at home for the summer with little parental support and no social connections. He had no outlets for play and no access to phone or internet. K hadn't previously had many opportunities for being outdoors so his mentor introduced him to mountain biking. K loved it so much that when he and his mentor were riding, he would often whoop in exuberance along the trail.

By building trust and rapport through outdoor activities, K's mentor was able to broach deeper topics such as struggles with family, being bullied, and future dreams. K's mentor worked with him on developing self-acceptance and self-respect despite his challenges. At the close of the mentoring relationship, K was so grateful for the experience that he sent a card to his mentor stating that he was the best mentor K had ever had.

Serving Youth in Four Program Areas
Communities-In-Schools Partnership (CISP) Program



What we do...

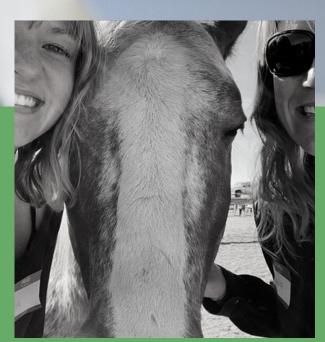
We provide school-based mental health and socio-emotional support services to students who face barriers to accessing care through individual and group sessions. Our goal is to improve overall youth wellbeing and resilience. This is done through a collaboration with local agencies and community partners who provide therapeutic services to young people in a school setting.

Our results...

- 35 youth served
- 57 total sessions provided
- 8 schools participating

Building Resiliency

One of our most successful opportunity within our Communities-in-Schools Program (CISP) this year was a collaboration between LPYS, The Grief Center of SW Colorado and the Horse Empower Equine Therapy Program. In the aftermath of a traumatic loss, CISP coordinated with The Grief Center to provide individual therapy for the children directly impacted by the trauma. During therapy sessions, additional areas for growth were identified, and the CISP team supported them in accessing family-focused group care through Horse Empower. As a result, the family is developing healthy communication and relationships and family members are making significant progress in these areas individually and as a whole.



Equine Staff

Serving Youth in Four Program Areas School-Based Restartive Practices (SBRP)



What we do...

We partner with the Durango 9-R School District to transform paradigms around school culture, discipline, and school climate while supporting schools to fine inclusive alternatives to school discipline through an equitable lens. Programming coaches students and teachers in the principles of Restorative Practices, which include strengthening communities, allowing responsible parties to take accountability, and reducing the potential for repeating that behavior.

Our Results...

- 72 Youth learned Restorative Justice practices
- 6 schools participating
- 99% of youth served did not enter into the juvenile justice system



Positive Skill Building

One of our LPYS school-based restorative practice facilitators worked with a 4th-grade male student who was referred to us by his teacher, his mom, and the guidance counselor at a local Elementary School. The student was having trouble staying on task, managing social interactions, and being disruptive in

The LPYS facilitator started working with the student at the end of January through weekly 30-minute positive skill-building/strategy sessions using creative play, self-advocacy, self-regulation strategies, focus and attention activities, and learning to understand social dynamics/friendship nuances.

The teacher recognized that the student's academic work was improving and he was integrating better into the classroom. By the end of the term, everyone celebrated the students' hard work and progress!

Our Partner Programs

Collaborative Management Program



What we do...

LPYS is the backbone agency for a collaboration among youth-serving agencies that supports youth with complex needs in our community.

The La Plata County CMP connects students, families, schools and other stakeholders through an Intregrated Services and Support Team (ISST). The ISST functions as an integrated service planning model to bring resources and youth agencies together to better serve youth and their families.

The Radical Possibilities Mentoring Program and Communities-in-Schools Partnership Program are prevention programs of the CMP.

Our Results...

- 89 individuals served through a total of 49 ISST Meetings
- 100% remained in their homes
- 100% did not enter diversion, probation, or parole
- 37% improved their academic performance



The Hub Therapeutic Program





What we do...

The Hub Therapeutic Program is an innovative educational model founded on a therapeutic approach to learning and development for students in grades 6-12 with significant emotional, behavioral, or psychological challenges.

This strategic partnership between Durango School District 9-R, LPYS, and the Child Wellness Center, among other community-based agencies, brings together specialized expertise in a central location.

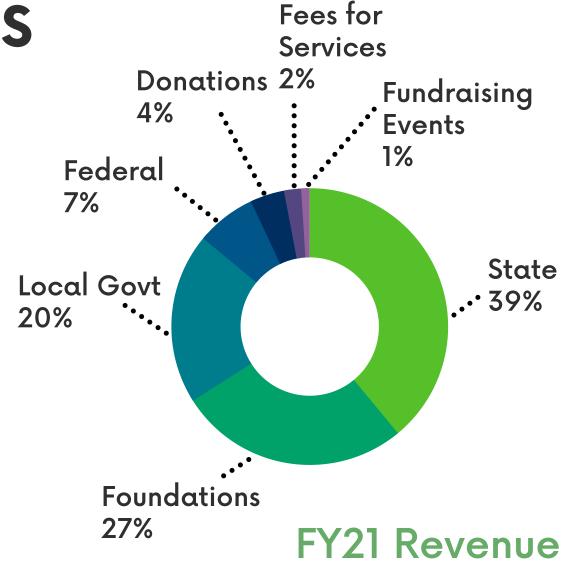
Youth served are impacted by adverse childhood experiences or academic barriers connected to mental health.

Our results...

• 51 youth served... through student enrollment, academic wrap-around, Tier 3 referral screenings, therapeutic support, and psychiatric and medical evaluation and consultation

Our Financials

Expenses Personnel	S116,757 S86,427 S53,697 S18,470 S5,367
TrainingTravel	\$5,367 \$3,466
Total Expenses	\$1,053,933



Summer Engagement Programming

LPYS supported area youth and the local economy during COVID by providing more than \$6,000 in scholarships to youth to engage in summer programs with local organizations.

Families and students could apply online for funds and choose from some amazing summer programs locally including with the **Durango Arts Center**, **Horse Empower Equine Therapy**, **Cross Bar X Summer Camp**, and **The Powerhouse**.

These funds supported local programs and connected youth to new opportunities to engage in their community!

COVID Relief & Recovery Support

LPYS applied for and received COVID relief funding from a number of sources that was allocated to families in need during the pandemic. In FY21, we spent over \$8,000 to provide:

- 1) Mental health support
- 2) IT support
- 3) Shelter assistance and
- 4) Grocery store, gas, and other gift cards

Thank you to SW Colorado's Community Emergency Relief Fund, Tony Grampsas Youth Services, and Colorado COVID Relief Fund!





6th Annual Virtual Splash & Dash 5-K and Fundraiser

LPYS encouraged everyone to get outside and be active during their annual Splash & Dash event which was held virtually. Participants could set-up their own webpage to raise funds and then get out on Aug. 22nd, 2020. We exceeded our fundraising goal with a total of \$24,284 raised! Funds went directly to our Radical Possibilities Mentoring Program (pg.4). Our community really showed up for youth this past year through online donations, sponsorships and other types of funding. A huge "Thank You" to everyone who participated and donated!

We Can't Do It Without You!

Ways to help...

Donate

Volunteer

Mentor

Be an Intern

Attend a Fundraising Event

Join Our Board

Sponsor an Event

Participate on a Committee

If you are ready to have a positive impact on youth in La Plata County then contact us!

Contact: info@lpys.org / 970-385-4440

Unchain My HeART







All youth in La Plata County were invited to virtual art workshops hosted by LPYS and to participate in our annual art exhibit. This was an opportunity for youth to build up their art portfolio and have a professional experience as an artist. Youth art sales exceeded \$700, 100% of which was paid directly to the youth artists as art scholarships.

Through event sponsorships and donations, LPYS also raised \$1,300 that went directly to the COVID Relief & Recovery Support Fund (pg. 8).

At the time of the art exhibit we developed a partnership with Maria's Bookstore who displayed any of the artwork that did not sell. That was exciting for the youth to see their artwork in such a visible downtown space!

-Katy Pepinsky, Executive Director